**CLUB RECORDS MEN**

|  |  |  |  |
| --- | --- | --- | --- |
| Event | Name | Performance | Year |
| 100M | ALASTAIR GORDON | 11.1s | 1995 |
| 200M | ALEX WADLEY | 22.41s | 2017 |
| 400M | KEITH MAY | 49.9s | 1972 |
| 800M | GRAHAM JACKSON | 1:52.1s | 1978 |
| 1500M | GRAHAM JACKSON | 3:44.4s | 1979 |
| MILE | GRAHAM JACKSON | 4:04.5s | 1978 |
| 3000M | PAUL ROWLAND | 8:08.7s | 1982 |
| 5000M | PAUL ROWLAND | 14:10.2s | 1981 |
| 10000M | PAUL ROWLAND | 29:23.8s | 1985 |
| Marathon | IAN BEAUCHAMP | 2h14.06s | 1978 |
| 110M Hurdles | MATT BAKER | 14.98s | 2014 |
| 400M Hurdles | CLIVE LOVEDAY | 56.1s | 1987 |
| 3000M S’Chase | ANDREW ROBINSON | 8:58.58s | 1999 |
| Pole Vault | CALUM NEIL | 4.50m | 2015 |
| High Jump | JOE KENT | 2.11m | 2009 |
| Long Jump | IAN JORDAN | 7.03m | 1977 |
| Triple Jump | STEVE CUMMINGS | 13.78m | 1992 |
|  | JOE KENT | 13.78m | 2008 |
| Shot | CLAYTON TURNER | 13.98m | 1994 |
| Discus | GARRY POWER | 45.92m | 1983 |
| Hammer | CLAYTON TURNER | 40.26m | 1994 |
| Javelin | JOE WALLER | 61.65m | 2007 |
| Decathlon | CHRIS WESTCOTT | 6100pts | 1983 |
| 4 x 100M | JORDAN LEVEY  ALEX WADLEY  CALUM NEIL  ANDREW PRICE | 44.29s | 2016 |
| 4 x 400M | IAN SISSONS  PETER STENNING  CLIVE LOVEDAY  GRAHAM JACKSON | 3:29.3s | 1979 |

**CLUB RECORDS** **WOMEN**

|  |  |  |  |
| --- | --- | --- | --- |
| Name | Event | Performance | Year |
| 100M | LYNNE CROCKETT | 12.1s | 1995 |
|  | SARAH TOMLINS | 12.1s | 2000 |
|  | CADIE WILLIS | 12.1s | 2012 |
| 200M | SARAH TOMLINS | 24.67s | 2000 |
| 400M | SARAH TOMLINS | 54.6s | 2004 |
| 800M | SARAH TOMLINS | 2:10.90s | 2004 |
| 1500M | JOHANNA SPANNAGL | 4:34.5s | 2008 |
| 3000M | JOHANNA SPANNAGL | 10:00.4s | 2009 |
| 5000M | ELSPETH TURNER | 17:56.5s | 2018 |
| 10000M | ELSPETH TURNER | 36:55.8s | 2017 |
| Marathon | ELSPETH TURNER | 2hr57.52s | 2017 |
| 100M Hurdles | CLARE MILBORROW | 13.61s | 2000 |
| 400M Hurdles | KOTRYNA BAJORINAITE | 64.78s | 2015 |
| 3000M S’Chase | SHEENA BASSETT | 12:30.7s | 1999 |
| Pole Vault | JADE BREWSTER | 3.81m | 2015 |
| High Jump | TANYA LAZAR | 1.73m | 1989 |
| Long Jump | LYNNE CROCKETT | 5.87m | 1995 |
| Triple Jump | ELLA SHARPE | 11.20m | 2016 |
| Shot | CANDACE SCHOFIELD | 11.16m | 2001 |
| Discus | SARAH HENTON | 48.12m | 1994 |
| Hammer | ANNA HOPCROFT | 43.39m | 2011 |
| Javelin | CANDACE SCHOFIELD | 43.11m | 2002 |
| Heptathlon | HELEN MORTON | 4797pts | 2010 |
| 4 x 100M | GENNA POTTEN  SARAH BEALE  CLARE MILBORROW  JACKIE EVANS | 49.0s | 2001 |
| 4 x 400M | SARAH BEALE  REBECCA ADAMS  VICKY PINCOTT  JACKIE EVANS | 3:59.6s | 1999 |